

NEWSLETTER

Washington Association for Play Therapy



ISSUE NO 2 | OCTOBER 2019 |



Several members of WAAPT, including our president, attended the National APT conference #APT2019 in Dallas, Texas. Once again, the Washington Branch of APT was awarded **Gold Branch Status**. This is awarded to those states exhibiting notable performance in areas of member growth, education, communication and outreach!



CALL TO ACTION

Help us introduce Play therapy to your agency or organization! Contact us



SPRING CONFERENCE:
March 20th and 21st

CALL FOR PROPOSALS:
Proposals will be accepted through December 31st.

CLICK FOR MORE



****Presenters with accepted proposals will receive a complimentary 2-day admission to our Spring Conference****

2019 LEADERSHIP ACADEMY GRADUATES

- | | |
|---------------------------|--------------------------------|
| Joni Batts, TN | Mary Beth Murray, VA |
| Lindsay Bonebrake, MO | Claudia Ocampo, TX |
| Sarah Cronin, NC | Niki Picogna, MD |
| Dalena Dillman Taylor, FL | Katherine Purswell, TX |
| Jill Forsberg, WA | Hannah Robinson, TX |
| Megan Hamm, MS | Lisa Staab Shadburn, CA |
| Kimberly Jayne, OR | Galina Tobin, GA |
| Aimee Jennings, FL | Christina Villarreal-Davis, TX |
| Lucy Jones, CA | Dawn Williamson, OR |
| Andrea Kunwald, WA | Kate Worley, TN |
| Marshall Lyles, TX | Jason Zoellers, MO |
| Mandi Melendez, TX | |

CONGRATULATIONS

To **Andrea Kunwald** and **Jill Forsberg** on graduating from the APT Leadership Academy. Job well done!!

CONGRATULATIONS NEW RPT'S



Kim Butler, LPC, RPT, DuPont



**Andrea Kunwald, LMFT, RPT,
Seattle**

Congratulations to our Eastern WA board member **Fondra Magee M.Ed, SB-RPT**.

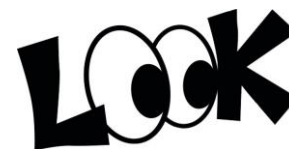
She is the **FIRST** person in the state to earn the School Based Registered Play Therapist Certification!



Please, let us know if you have become a recent RPT or RPT-S and want to be announced on our social media page or featured in our newsletter. Head to our Facebook page



and look for "Social Media Request" for WAAPT to give consent.



Are you passionate about advocating for Play Therapy? The board is looking for new members in 2020. Stay posted for announcement of open positions!

OUTREACH AND NETWORKING



August:

- Daisy Vergara, our Western Washington Representative, went to the Hallowell Todaro Center. She reported that this center has started to integrate play therapy and she taught them more about play therapy theory.
- Krissy Perry, WAAPT Secretary, held a network meeting and training about TheraPlay, which turned into an informative and productive meeting introducing WAAPT to other local child therapist.

September:

- Heather Schilling, WAAPT conference chair held a networking meeting in Puyallup. This was a productive meeting introducing south sound play therapists to one another and engaging in lively conversation about play therapy in private practice.
- The first Eastern WA Networking Meeting in Kennewick discussed how we incorporate play into our therapeutic work and challenges we experience when working with schools. We brainstormed ways to bridge those gaps and to help others see the value of play!



Our next meeting will be on January 23rd, 2020,
5:15pm at 500 N Morain Street Suite 1200,
Kennewick, WA.

October: network meeting and training led by Denise Bower, WAAPT Treasurer, brought us together in Gig Harbor on October 11th. She successfully taught us several interventions and gave an introduction to the theory behind AutPlay.

November: Learn about Antioch's Play Therapy Certificate Program & network with practicing Therapists in the community. Antioch University – Seattle **Nov.9 @ 4pm.**



CREATIVE IDEAS:

Feelings Hide and Go Seek by Krissy Perry, MEd, LMHC, RPT-S

One of my favorite directive play therapy techniques with children is Feelings Hide and Go Seek. I use these flashcards found here,



but you could also make your own cards. We start with the child either turning away or closing their eyes while I hide 4-5 cards around the playroom. Then the child will "seek" them out, playing the hot and cold game if needed. After the child finds all the cards, we share a time we felt that feeling for each side of the card (as these cards have "opposite" feelings on each side). Next, I let the child pick if they would like to "hide" or "seek," and usually set limits around where the child cannot hide cards (i.e. the sand, my file cabinet or bags, and in the trash - as these have all happened before). Children usually love this activity, and some struggle to share feelings which may drag it out a bit.

As I split my directive sessions in half with therapist led for the first part and child led for the second part, I just make sure we're done in time for the child to lead. So sometimes we make it through the whole box of cards and sometimes we don't. I hope you enjoy playing Feelings Hide and Go Seek with your child clients!

FALL CONFERENCE UPDATE:



Our Fall Conference in Spokane was a success. People came from as far as Oregon and Montana to hear our speaker, Dr. Michael Whitehead presenting on “A Systemic Play Therapy Approach to Treating Disruptive Behavior Disorders.”

